

HANNAH WILSON MSc BSc (hons) MCSP MHCPC MMAPC MPPA

PERSONAL INFORMATION

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EDUCATION

2008 – 2009 MSc in Advanced Physiotherapy (Neuromusculoskeletal),
Kings College London

Research project - A study to investigate the intra and inter-rater reliability of the JTech PowerTrack II
Commander hand held dynamometer in the measurement of shoulder strength in asymptomatic subjects

1995 – 1999 BSc (Honours) Physiotherapy; Second Class Honours, Upper Division
Glasgow Caledonian University

Research project - The effectiveness of acupuncture on soft tissue injuries: As perceived by patients

Post graduate training:

Live Demonstrations with challenging clients using ACT: Dr Russ Harris	Sep 2021
Psychologically informed practice for Health Professionals webinar	July 2021
Nutritional Management of pain and inflammation: Adam Cunliffe	April 2021
Motivational Interviewing Intermediate Course: Jackie Webb	April 2021
Introduction to Motivational Interviewing: Jackie Webb	Feb 2021
Acceptance and Commitment Therapy made simple for beginners: Russ Harris	Feb 2021
Acceptance and Commitment Therapy: Laura Rathbone	Nov 2020
Explain Pain: Tim Beams	Nov 2020
Acceptance and Commitment Therapy for Chronic Pain: L McCracken	Nov 2020
MACP study day: Concordance, adherence, and behaviour change	Nov 2020
Assessment for Pain Mechanisms and Principles of Adult Pain Management	March-June 2019
Pain: Translating Neuroscience into Clinical Practice: N Moloney & M Rabey	Sep 2018
Introduction to motivational interviewing: Rob Shannon	Sep 2018
Introduction to mindfulness Practice: Tavistock Centre	July 2018
Using psychology in my everyday clinical practice: Tamar Pincus & Claire Jacobs	June 2018
Introduction to Systematic Reviews: MONASH University	Feb 2015
Writing a Literature review: Sydney University	June 2015
Researcher Development Programme: University of Hertfordshire	Sep 2015
Training days at Center for Sensory-Motor Interaction: Lars Arendt-Nielsen	Sep 2015
The Shoulder Theory and Practice: Dr Jeremy Lewis	Oct 2013
Imaging for non trauma MSc module: University of Hertfordshire	Feb – April 2013
Understanding blood results for physiotherapists	Nov 2012
Manual therapy for headaches: Toby Hall	Oct 2012
Aquatic therapy Foundation Course	May 2012
Classification-based Cognitive Functional Therapy: Peter O'Sullivan	March 2012
Radiology of the Spine: Chris McCarthy	Nov 2011
Introduction to Radiology for Physiotherapists: Chris Mercer	Oct 2011
Introduction to Applied Functional Science: David Tiberio	March 2011
Acupuncture applications in the treatment of musculoskeletal pain: Panos Barlas	July 2010
The role of C0-C3 segmental dysfunction in primary headache: Dean Watson	March 2010
Tendinopathy Masterclass: Jill Cook & Jeremy Lewis	May 2008
Thoracic Outlet Syndrome: Lynn Watson	April 2008
Using a self management approach: Fiona Jones & John Hammond	Jan 2008
What Diagnoses Can Physiotherapists Make?: Shirley Sahrman	July 2007
Pain and the Brain: Lorimer Moseley	March 2007
Myofascial Trigger Points: Rob Grieve	March 2007
Making Sense of Chronic Pain: A Practical Approach to Pain Management	Nov 2006
Tissue repair, Manual therapy, Exercise Therapy and Electrotherapy: Tim Watson	March 2006
Pilates: six week introductory evening course	Feb 2006
Explain pain and a neuromatrix approach to chronic pain: Lorimer Moseley	Feb 2006
Kinetic Control: Understanding Movement and Function: Sarah Mottram	Dec 2005
Specific Soft Tissue Mobilisation – Lower Limb: Glenn Hunter	October 2005
The McConnell Patellofemoral Joint Course: Mark Bender	Sep 2005
The Combined Approach to the Sacroiliac Joint (Part 1): Hugh Jenkins	March 2005

Professional Registration:

Health care professions council: PH56058

Chartered Society of Physiotherapy: 061933

Member of the Manipulation Association of Chartered Physiotherapists: 11753

Member of the Physiotherapy Pain Association: 2492

Member of Physio First: 13200

WORK EXPERIENCE

Oct 2021 – present	Advanced Neuromusculoskeletal Physiotherapist, Pain Relief Physio, Kew
Nov 2016 – July 2021	Clinical Lead MSK Out-patient Physiotherapist, Royal Free Hospital, London
May 2015 – June 2015	Research Assistant on a research project entitled 'Identifying people who might be at risk of developing persistent pain after surgery' Royal North Shore Hospital, Sydney
May 2015	Lecturer: Skeleton of the trunk and neck practical session University of Sydney
Feb 2012 – Oct 2013	Extended Scope Physiotherapy Practitioner Royal Free Hospital, London
Oct 2011 – Feb 2012	Band 7 Musculoskeletal Out-patient Physiotherapist, Royal Free Hospital, London
Oct 2010 – March 2011	Band 6 Musculoskeletal Out-patient Physiotherapist, Surbiton Hospital
August 2009 – April 2011	Research Assistant on a research project entitled 'A Randomised single-blinded placebo-controlled study investigating the role of poly-unsaturated fatty acids in addition to exercise in the management of rotator cuff tendinopathy' (Part time)
Jan 2010 – August 2010	Manual Physiotherapist, Six Physio, 15 Young Street, High Street Kensington, London
Nov 2009 - Dec 2009	Band 7 Musculoskeletal Out-patient Physiotherapist (Bank) Chelsea and Westminster Hospital, London
July 2007 – Sep 2008	Physiotherapy Team Leader (Band 7) Weybridge Hospital, Surrey Primary Care Trust
Nov 2004 – June 2007	Musculoskeletal Out-patient Senior II Physiotherapist – rotational Guy's and St Thomas' Foundation NHS Trust, London
April 2002 – Nov 2004	In-patient Senior II Physiotherapist – rotational Guy's and St Thomas' Foundation NHS Trust, London
April 2001-April 2002	Senior II Physiotherapist Newham Primary Care Trust, London
Dec 2000 – April 2001	Junior Physiotherapist Newham Primary Care Trust, London
August 1999 – Dec 2000	Junior Physiotherapist Royal Alexandra Hospital, Paisley

INTERESTS

Going for walks with my husband and golden retriever, Obi, running, yoga, boot camp, cycling, visiting friends and family, travelling, cooking and eating, gardening.

