

HANNAH WILSON MSc BSc (hons) MCSP MHCPC MMAPC MPPA

PERSONAL INFORMATION

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EDUCATION

- 2008 – 2009** MSc in Advanced Physiotherapy (Neuromusculoskeletal),
Kings College London
Research project - A study to investigate the intra and inter-rater reliability of the JTech PowerTrack II
Commander hand held dynamometer in the measurement of shoulder strength in asymptomatic subjects
- 1995 – 1999** BSc (Honours) Physiotherapy; Second Class Honours, Upper Division
Glasgow Caledonian University
Research project - The effectiveness of acupuncture on soft tissue injuries: As perceived by patients

Post graduate training:

- PPA Study Day: The Heart of Pain Care: Complexity, Reflection and Connection Sep 2025
200 hour Foundation Yoga Teacher Training Jan-May 2025
PPA Study Day: Hot topics in pain Nov 2023
Menopause for Physiotherapists & Health Care Professionals: Sarah Marsh July 2023
Anterior Hip and Groin Pain Workshop: Dr Alison Grimaldi March 2023
ESCAPE Pain Training Workshop March 2023
Live Demonstrations with challenging clients using ACT: Dr Russ Harris Sep 2021
Psychologically informed practice for Health Professionals webinar July 2021
Nutritional Management of pain and inflammation: Adam Cunliffe April 2021
Motivational Interviewing Intermediate Course: Jackie Webb April 2021
Introduction to Motivational Interviewing: Jackie Webb Feb 2021
Acceptance and Commitment Therapy made simple for beginners: Russ Harris Feb 2021
Acceptance and Commitment Therapy: Laura Rathbone Nov 2020
Explain Pain: Tim Beams Nov 2020
Acceptance and Commitment Therapy for Chronic Pain: L McCracken Nov 2020
MACP study day: Concordance, adherence, and behaviour change Nov 2020
Assessment for Pain Mechanisms and Principles of Adult Pain Management March-June 2019
Pain: Translating Neuroscience into Clinical Practice: N Moloney & M Rabey Sep 2018
Introduction to motivational interviewing: Rob Shannon Sep 2018
Introduction to mindfulness Practice: Tavistock Centre July 2018
Using psychology in my everyday clinical practice: Tamar Pincus & Claire Jacobs June 2018
Introduction to Systematic Reviews: MONASH University Feb 2015
Writing a Literature review: Sydney University June 2015
Researcher Development Programme: University of Hertfordshire Sep 2015
Training days at Center for Sensory-Motor Interaction: Lars Arendt-Nielsen Sep 2015
The Shoulder Theory and Practice: Dr Jeremy Lewis Oct 2013
Imaging for non trauma MSc module: University of Hertfordshire Feb – April 2013
Understanding blood results for physiotherapists Nov 2012
Manual therapy for headaches: Toby Hall Oct 2012
Aquatic therapy Foundation Course May 2012
Classification-based Cognitive Functional Therapy: Peter O'Sullivan March 2012
Radiology of the Spine: Chris McCarthy Nov 2011
Introduction to Radiology for Physiotherapists: Chris Mercer Oct 2011
Introduction to Applied Functional Science: David Tiberio March 2011
Acupuncture applications in the treatment of musculoskeletal pain: Panos Barlas July 2010
The role of C0-C3 segmental dysfunction in primary headache: Dean Watson March 2010
Tendinopathy Masterclass: Jill Cook & Jeremy Lewis May 2008
Thoracic Outlet Syndrome: Lynn Watson April 2008
Using a self management approach: Fiona Jones & John Hammond Jan 2008
What Diagnoses Can Physiotherapists Make?: Shirley Sahrman July 2007
Pain and the Brain: Lorimer Moseley March 2007
Myofascial Trigger Points: Rob Grieve March 2007
Making Sense of Chronic Pain: A Practical Approach to Pain Management Nov 2006

Tissue repair, Manual therapy, Exercise Therapy and Electrotherapy: Tim Watson March 2006
Pilates: six week introductory evening course Feb 2006
Explain pain and a neuromatrix approach to chronic pain: Lorimer Moseley Feb 2006
Kinetic Control: Understanding Movement and Function: Sarah Mottram Dec 2005
Specific Soft Tissue Mobilisation – Lower Limb: Glenn Hunter October 2005
The McConnell Patellofemoral Joint Course: Mark Bender Sep 2005
The Combined Approach to the Sacroiliac Joint (Part 1): Hugh Jenkins March 2005

Professional Registration:

Health and care professions council: PH56058

Chartered Society of Physiotherapy: 061933

Member of the Manipulation Association of Chartered Physiotherapists: 11753

Member of the Physiotherapy Pain Association: 2492

WORK EXPERIENCE

Sep 2024 – present	Senior Specialist Physiotherapist INPUT Pain Management Unit, St Thomas' Hospital, London
Oct 2021 – present	Advanced Neuromusculoskeletal Physiotherapist, Pain Relief Physio, Kew
Sep 2022 – Sep 2024	Physiotherapist Pain clinic, Camberley Physiotherapy & Sports Injury Clinic, Camberley
Nov 2016 – July 2021	Clinical Lead MSK Out-patient Physiotherapist, Royal Free Hospital, London
May 2015 – June 2015	Research Assistant on a research project entitled 'Identifying people who might be at risk of developing persistent pain after surgery' Royal North Shore Hospital, Sydney
May 2015	Lecturer: Skeleton of the trunk and neck practical session University of Sydney
Feb 2012 – Oct 2013	Extended Scope Physiotherapy Practitioner Royal Free Hospital, London
Oct 2011 – Feb 2012	Band 7 Musculoskeletal Out-patient Physiotherapist, Royal Free Hospital, London
Oct 2010 – March 2011	Band 6 Musculoskeletal Out-patient Physiotherapist, Surbiton Hospital
August 2009 – April 2011	Research Assistant on a research project entitled 'A Randomised single-blinded placebo-controlled study investigating the role of poly-unsaturated fatty acids in addition to exercise in the management of rotator cuff tendinopathy' (Part time)
Jan 2010 – August 2010	Manual Physiotherapist, Six Physio, 15 Young Street, High Street Kensington, London
Nov 2009 - Dec 2009	Band 7 Musculoskeletal Out-patient Physiotherapist (Bank) Chelsea and Westminster Hospital, London
July 2007 – Sep 2008	Physiotherapy Team Leader (Band 7) Weybridge Hospital, Surrey Primary Care Trust
Nov 2004 – June 2007	Musculoskeletal Out-patient Senior II Physiotherapist – rotational Guy's and St Thomas' Foundation NHS Trust, London
April 2002 – Nov 2004	In-patient Senior II Physiotherapist – rotational Guy's and St Thomas' Foundation NHS Trust, London

<i>April 2001-April 2002</i>	<i>Senior II Physiotherapist Newham Primary Care Trust, London</i>
<i>Dec 2000 – April 2001</i>	<i>Junior Physiotherapist Newham Primary Care Trust, London</i>
<i>August 1999 – Dec 2000</i>	<i>Junior Physiotherapist Royal Alexandra Hospital, Paisley</i>

INTERESTS

Going for walks with my husband and golden retriever, Obi, yoga, strength and conditioning, cycling, visiting friends and family, travelling, cooking and eating, gardening.